

STANLEY PARK JUNIOR SCHOOL

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A Foundation School in the London Borough of Sutton

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5th November 2019

Dear Parent/Carer,



A "Sense of Pride"

ANTI-BULLYING WEEK

Next week, SPJS will be taking part in anti-bullying week, which helps schools across England to shine a spotlight on bullying and encourage all children, teachers and parents to take action against bullying.

The theme this year is '**Change Starts with Us**'. It is organised by the Anti-Bullying Alliance and they have set the following key aims:

- To understand that a small change can make a BIG difference - we can break this cycle and create a safe environment for everyone.
- To know that it takes a collective responsibility to stop bullying.
- To empower and send positive messages addressing the fact that when it comes to bullying *CHANGE STARTS WITH US!*



At SPJS, the children will be taking part in anti-bullying activities during the week, including a focus on cyber-bullying in computing lessons. A whole-school assembly will also allow time to reflect on ways in which we, as individuals, can make a change.

Odd Socks Day - Monday 11th November - On this day, we would like children to express themselves and their individuality by wearing odd socks to school. The more individual and different, the better!

What can you do to support us to stop bullying and participate in Anti-Bullying Week?

- ✓ Talk to your child about bullying and Anti-Bullying Week. The Anti-Bullying Alliance provide a definition of bullying, which might be helpful to you during discussions: *The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. Bullying can be physical, verbal or psychological. It can happen face-to-face or online.*
- ✓ Come and talk to us! We want to hear from you what is working well, and what we could do differently to help stop bullying.
- ✓ Use our anti-bullying guidance and flowchart on page 8&9 of the home-school book to guide you on dealing with suspected bullying situations.

Yours sincerely,
Mrs Gray

Headteacher: Amanda J Lamy BA (Hons)

Deputy Headteacher: Julia Burridge BA (Hons)