

STANLEY PARK JUNIOR SCHOOL

Stanley Park Road, Carshalton, Surrey SM5 3JL

A Foundation School in the London Borough of Sutton

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23rd September 2021



A "Sense of Pride"



Bike to School Week
27th September - 1st October 2021



Dear Parent/Carer,

Cycling and scooting has a positive impact on children's health and well-being. Many children recorded cycling and scooting as something they enjoyed when they completed their well-being journal, therefore, we have chosen to take part in and promote Bike to School Week this year.

As well as having an impact on children's health and well-being, cycling or scooting also:

- Helps children to be active and feel more energised
- Helps the environment by replacing a car journey
- Improves local air quality and reduces congestion

During the week of 27th September - 1st October, the aim is for children to cycle or scoot to school at least once, if possible (please ensure they are named). We appreciate that this may not be possible for you and your family, however, if you can, the organisers of Bike to School week would like to know. All families that fill in a [short online form](#) will automatically be entered into a free prize draw to win a Frog bike. <https://www.sustrans.org.uk/campaigns/bike-to-school-week-pledge/>

Below are some useful videos to help you and your child check their bike or scooter is safe and ready to ride:

Bike - [Check your bike is safe to ride - a how to guide - YouTube](#)

Scooter - [The Push Scooter L Check - a how to guide - YouTube](#)

Bikes and scooters can be stored in the racks in the playground during the day and helmets left in school bags or classrooms.

Kind Regards

Mrs Gray and Mrs Lasrado
PSCHE Coordinators

Headteacher: Amanda J Lamy BA (Hons)

Deputy Headteacher: Julia Burridge BA (Hons)