

Reach  
your

# FULL PGL POTENTIAL



with our delicious menu

## MONDAY

## TUESDAY

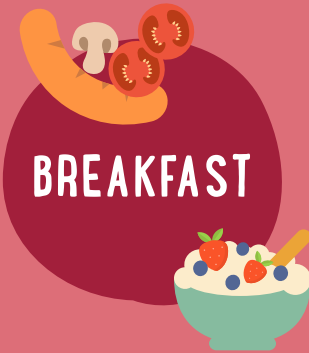
## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

## SUNDAY

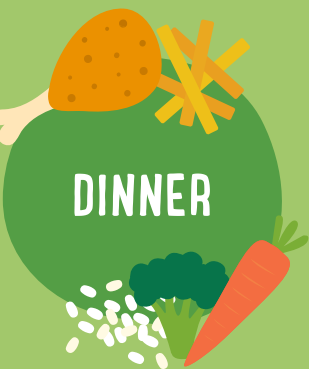


Bacon Baked Beans Vegan Cumberland (ve) Hash Browns Mushrooms	Sausages Baked Beans Vegan Cumberland (ve) Hash Browns Mushrooms	Sausages Baked Beans Vegan Cumberland (ve) Hash Browns Mushrooms	Bacon Baked Beans Vegan Cumberland (ve) Hash Browns Mushrooms	Sausages Baked Beans Vegan Cumberland (ve) Hash Browns Mushrooms	Sausages Baked Beans Vegan Cumberland (ve) Hash Browns Mushrooms	Bacon Baked Beans Vegan Cumberland (ve) Hash Browns Mushrooms
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Available every day: Selection of Cereals, Assorted Yoghurts, Bread Rolls, White or Brown Toast & Jam



<b>Pizza</b> Choices: Pepperoni Margherita (v) Plant-based Margherita (ve) Sides: Skinny Fries	<b>Hot Dogs</b> Choices: Pork Hot Dog Plant-based Hot Dog (ve) Sides: Potato Wedges	<b>Pasta</b> Choices: Pasta Bolognese Tomato & Basil Pasta (ve) Sides: Garlic Bread	<b>Hot Sandwich</b> Choices: Ham & Cheese Panini Plant-based Fish Finger Sandwich (ve) Sides: Crisps	<b>Burger</b> Choices: Beef Burger Plant-based Burger (ve) Sides: Curly Fries	<b>Fajitas</b> Choices: Chicken Plant-based Fajita (ve) Sides: Tortilla Chips	<b>Sausage Rolls</b> Choices: Jumbo Sausage Rolls Plant-based Sausage Roll (ve) Sides: Peas Mashed Potato
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Bangers & Mash Chicken Fillets with a BBQ Sauce Plant-based Bolognese (ve) Sides: Penne, Mashed Potato Sweetcorn, Carrots Doughnuts (v)	Piri Piri Chicken Sausage Pasta Bake Plant-based Chicken Schnitzel (ve) Sides: Skinny Fries, Peas, Cauliflower Fruit Muffin (ve)	Chicken Curry Fishcakes Chilli non Carne (ve) Sides: Rice, Potato Wedges, Broccoli, Carrots Chocolate Crispy Cake (v)	Pork Meatballs in Tomato Sauce Chicken Kieff Plant-based Meatballs in Tomato Sauce (ve) Sides: Penne, Mashed Potato, Sweetcorn, Green Beans Waffles (v)	Fish & Chips Chicken Katsu Curry Plant-based Fishless Fillet (ve) Sides: Skinny Fries, Rice, Peas, Carrots Chocolate Eclairs (v)	Sweet Chilli Chicken Chunks Lasagne Vegetable Curry (ve) Sides: Rice, Garlic Bread, Country Veg Chocolate Muffin (ve)	Sweet & Sour Chicken Fish Fingers Plant-based Nuggets (ve) Sides: Curly Fries, Rice, Carrots, Green Beans Profiteroles (v)
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## Healthy Choices

Available daily

Fresh fruit

- every mealtime



Unlimited salad

- from our salad bar, lunch & dinner

## Unlimited Drinks

Coffee, tea, chilled squash

## Dietary & Allergens

We can cater for a wide variety of food requirements when notified in advance, including allergies, intolerances, medical conditions, and those specified by culture and religion.

It may not always be possible to cater for more specific diets such as weight management programmes, organic etc.

Some of our dishes contain ingredients that are produced in a factory which handles nuts - please ask us for more information.

This menu applies to weeks commencing:  
6/06, 20/06, 4/07, 18/07, 1/08, 15/08, 29/08,  
12/09, 26/09, 10/10, 24/10, 7/11, 21/11, 5/12, 19/12

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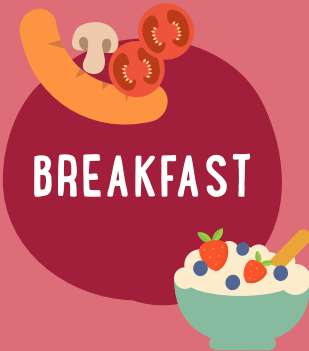
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Bangers & Mash Chicken Kiev Plant-based Bolognese (ve) Sides: Penne, Mashed Potato Sweetcorn, Carrots Doughnuts (v)	Piri Piri Chicken Tuna Pasta Bake Plant-based Chicken Schnitzel (ve) Sides: Skinny Fries, Peas, Cauliflower Fruit Muffin (ve)	Chicken Katsu Curry Fishcakes Chilli non Carne (ve) Sides: Rice, Potato Wedges, Broccoli, Carrots Chocolate Crispy Cake (v)	Pork Meatballs in Tomato Sauce Fried Chicken Plant-based Meatballs in Tomato Sauce (ve) Sides: Penne, Mashed Potato, Sweetcorn, Green Beans Waffles (v)	Fish & Chips Chicken Curry Plant-based Fishless Fillet (ve) Sides: Skinny Fries, Rice, Peas, Carrots Chocolate Eclairs (v)	BBQ Chicken Chunks Lasagne Vegetable Curry (ve) Sides: Rice, Curly Fries, Garlic Bread, Country Veg Chocolate Muffin (ve)	Bacon Mac 'n' Cheese Fish Fingers Plant-based Nuggets (ve) Sides: Potato Wedges, Carrots, Green Beans Profiteroles (v)
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Available daily

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This menu applies to weeks commencing:  
13/06, 27/06, 11/07, 25/07, 8/08, 22/08, 5/09, 19/09,  
3/10, 17/10, 31/10, 14/11, 28/11, 12/12, 26/12