

STANLEY PARK JUNIOR SCHOOL

Stanley Park Road, Carshalton, Surrey SM5 3JL

A Foundation School in the London Borough of Sutton

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A "Sense of Pride"

Dear Parent/Carer,

14th-18th November
Anti-Bullying Week

Each year at SPJS we participate in Anti-Bullying Week. Many schools like us across the country use this week to focus on further educating children on what bullying is and to empower them to take action against it.

The theme this year is 'Reach Out'. The Anti-Bullying Alliance have set the following key aims:

- Encourage children to feel empowered to do something positive.
- Remind everyone whether its school, at home, in the community or online to reach out and show each other the support we need.

At SPJS, the children will be looking at different ways to reach out and stand up for themselves when faced with unkind or bullying behaviour.

Odd Socks Day - Monday 14th November - On this day, we would like children to express themselves and their individuality by wearing odd socks to school. The more individual and different, the better!

What can you do to support us to stop bullying and participate in Anti-Bullying Week?

- ✓ Reach out to your child about bullying and Anti-Bullying Week. The Anti-Bullying Alliance provides a definition of bullying, which might be helpful to you during discussions: *the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power.* On our website you will also find the Anti-Bullying Alliance Parent Pack which provides further advice and support <https://www.spjs.org/letters-home.php>.
- ✓ Reach out to us! If you are worried about your child or have any concerns regarding bullying, please come and speak to us about it.
- ✓ Use our anti-bullying guidance and flowchart on page 8&9 of the home-school book to guide you on dealing with suspected bullying situations.

Yours sincerely,
Mrs Gray and Mrs Khan
PSCHE Coordinators

Headteacher: Amanda J Lamy BA (Hons)
Deputy Headteacher: Julia Burridge BA (Hons)

