

STANLEY PARK JUNIOR SCHOOL

Stanley Park Road, Carshalton, Surrey SM5 3JL

A Foundation School in the London Borough of Sutton

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Walk to School Week 16th-20th May

Dear Parent/Carers,

As part of our Personal, Social, Cultural, Health and Economics (PSCHE) Curriculum, SPJS are taking part in Walk to School Week. During the week, we are encouraging all children who can to walk to school. We appreciate that walking to school is not always an easy option, however, it would be good to see as many children walking **one day** out of the week, if possible.

Walking to school could include walking the entire way, riding a bike, scooter or even driving part of the way and then walking the rest! If you live further away from school, and therefore walking to school would be difficult, why not park a little further away from school than usual and then walk from there! On the next page is a map of our local area. If you park outside the shaded area and then walk from there, this will also count as walking.

As an extra incentive, **Tuesday 17th May** will be **Happy Shoesday!** On this day, children may come to school wearing the shoes that make them *happiest*, whether it be shiny, glittery, decorated, wellies, trainers... anything goes (as long as they are safe and practical for moving around)!

Children will receive a certificate at the end of Walk to School Week to celebrate their participation. Children who walk to school **at least once during the week**, will receive a Bronze certificate, children who manage to walk to school 2 or 3 times during the week will receive a Silver certificate and those who walk 4 or 5 times will receive a Gold certificate.

There are **many** benefits of walking to school, here are just a few:

- Children who do some form of exercise, especially a walk before school arrive fit, refreshed and ready to learn;
- Walking helps to keep our bodies healthy and is good for us;
- Walking takes cars off the road and fewer cars means less traffic, and less traffic makes our roads feel safer;
- Fewer cars on the road means less air pollution;
- Walking to school is fun! It's a great time for talking too!

We look forward to seeing many children arriving to school on foot!

Mrs Gray & Mrs Khan
PSCHE Coordinators

Headteacher: Amanda J Lamy BA (Hons)
Deputy Headteacher: Julia Burridge BA (Hons)

