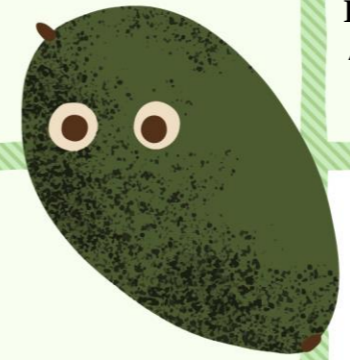
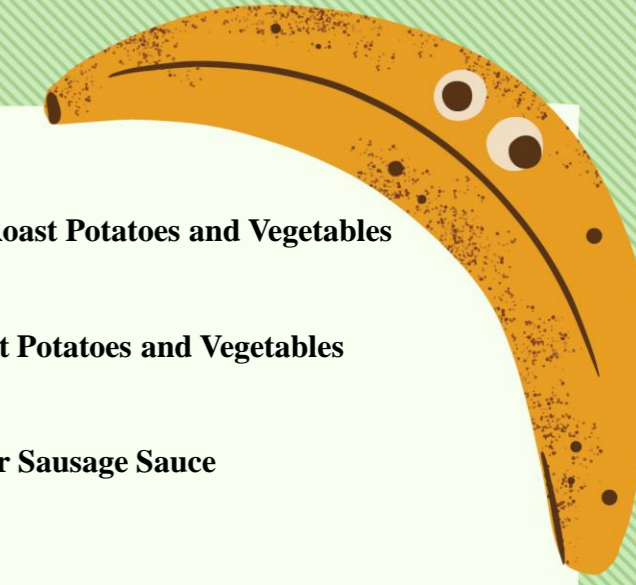
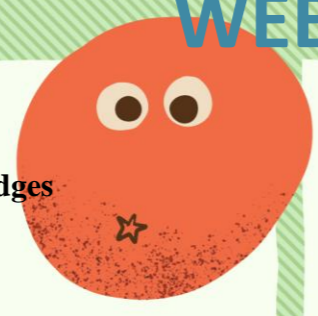


Lunch Menu

AUTUMN TERM: WEEK 3



Monday

Main meal 1
Cheese and Tomato Pizza Served with Potato Wedges
 ▲ 2,7

Main meal 2
Macaroni Cheese
 ▲ 2,7

Main meal 3
Jacket Potato with Cheese or Baked Beans
 ▲ 7

Vegetable of the day
Baked Beans
 N/A

Desserts
Carrot Cake with Custard
 ▲ 2,4,7,12

Tuesday

Main meal 1
Chicken Burger Served with New Potatoes
 ▲ 2

Main meal 2
Vegetarian Burger Served with New Potatoes
 ▲ 2,7

Main meal 3
Jacket Potato with Cheese or Bolognese Sauce
 ▲ 7

Vegetable of the day
Salad
 N/A

Desserts
Apple Pie & Custard
 ▲ 2,4,7,12

Wednesday

Main meal 1
Herb Chicken Breast with Roast Potatoes and Vegetables
 ▲ 13

Main meal 2
Cheese Pinwheels with Roast Potatoes and Vegetables
 ▲ 2,4,7

Main meal 3
Jacket Potato with Cheese or Sausage Sauce
 ▲ 7

Vegetable of the day
Mix Vegetables
 N/A

Desserts
Fruit Jelly Or Fruit Yoghurt
 ▲ 4,7 Or 7

Thursday

Main meal 1
Chicken Balti Served with Rice
 ▲ N/A

Main meal 2
Vegetable Stir Fry Noodles
 ▲ 2,4,12

Main meal 3
Jacket Potato with Cheese or Chicken Sauce
 ▲ 7

Vegetable of the day
Sweetcorn
 N/A

Desserts
Banana Sponge with Custard
 ▲ 2,4,7,12

Friday

Main meal 1
Salmon Fish Cake Served with Baked Chips
 ▲ 2,5

Main meal 2
Quorn Sausage Served with baked chips
 ▲ 2

Main meal 3
Jacket Potato with Cheese or Baked Beans
 ▲ 7

Vegetable of the day
Baked Beans
 N/A

Desserts
Flapjack
 ▲ 2

▲ Allergen Key

- | | |
|----------------|---------------|
| 1. Celery | 8. Molluscs |
| 2. Gluten | 9. Mustard |
| 3. Crustaceans | 10. Peanuts |
| 4. Eggs | 11. Sesame |
| 5. Fish | 12. Soybeans |
| 6. Lupin | 13. Sulphites |
| 7. Milk | 14. Tree nuts |

Available Daily

Wholemeal bread, fresh salads, variety of seasonal fresh fruit

