

Lunch Menu AUTUMN TERM: WEEK 1

Monday

Main meal 1

Cheese and Tomato Pizza Served with Potato Wedges

▲ 2,7

Main meal 2

Tomato & Sweetcorn Pasta

▲ 2

Main meal 3

Jacket Potato with Cheese or Baked Beans

▲ 7

Vegetable of the day

Baked Beans

N/A

Desserts

Banana & Toffee Sponge with Custard

▲ 2,4,7,12



Tuesday

Main Meal 1

Sausage and Mash with Sweetcorn

▲ 2,13

Main meal 2

Creamy Vegetable Pie

▲ 7,12

Main meal 3

Jacket Potato with Cheese or Bolognese Sauce

▲ 7

Vegetable of the day

Salad

▲ N/A

Desserts

Syrup Sponge with Custard

▲ 2,4,7,12



Wednesday

Main meal 1

Roast Chicken Thigh Served with Roast Potatoes and Vegetables

▲ 13

Main meal 2

Glamorgan Sausage Served with Roast Potatoes and Vegetables

▲ 2,4,7,9

Main meal 3

Jacket Potato with Cheese or BBQ Sausage Sauce

▲ 2,4,7

Vegetable of the day

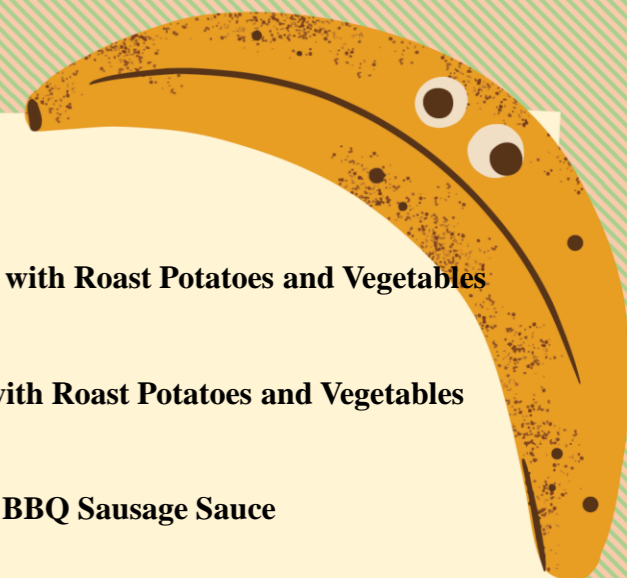
Mixed Vegetables

N/A

Desserts

Ice Cream Or Fruit Yoghurt

▲ 4,7 Or 7



Thursday

Main meal 1

American Burger(Beef) served with Potato Waffle

▲ 2,12,13

Main meal 2

Vegetarian Burger Served with Potato Waffle

▲ 2,4,13

Main meal 3

Jacket Potato with Cheese or Chicken Sauce

▲ 7

Vegetable of the day

Sweetcorn

N/A

Desserts

Apple Crumble with Custard

▲ 2,4,7



Friday

Main meal 1

Fish Fingers Served with Baked Chips

▲ 2,5

Main meal 2

Cheese and Onion Pasty Served with Baked chips

▲ 2,7

Main meal 3

Jacket Potato with Cheese or Baked Beans

▲ 7

Vegetable of the day

Baked beans

N/A

Desserts

Blueberry Muffin

▲ 2,4,7



▲ Allergen Key

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|----------------|---------------|
| 1. Celery | 8. Molluscs |
| 2. Gluten | 9. Mustard |
| 3. Crustaceans | 10. Peanuts |
| 4. Eggs | 11. Sesame |
| 5. Fish | 12. Soybeans |
| 6. Lupin | 13. Sulphites |
| 7. Milk | 14. Tree nuts |

 **GREENSHAW**
LEARNING TRUST



Available Daily

Wholemeal bread, fresh salads, variety of seasonal fresh fruit

Catering provided by Greenshaw Learning Trust.
All products are locally sourced wherever possible.
All food is cooked fresh on the school site each day.

