



# Lunch Menu

SUMMER TERM WEEK 3

## Meat Free Monday

*Main meal 1*  
**Macaroni Cheese Served with garlic herb slice**  
 ▲ 2,7,9

*Main meal 2*  
**Country Vegetable Pie**  
 ▲ 1,2,4

*Main meal 3*  
**Jacket Potato with Cheese or Baked Beans**  
 ▲ 7

*Vegetable of the day*  
**Sweetcorn**  
 N/A

*Desserts*  
**Banana Bread with Custard**  
 ▲ 2,4,7,12



## Tuesday

*Main meal 1*  
**Sweet and Sour Chicken Chinese Style Served with Rice**  
 ▲ 2,7,12

*Main meal 2*  
**Vegetarian Toad in the Hole Served with New Potatoes**  
 ▲ 2,4,7

*Main meal 3*  
**Jacket Potato with Cheese or Bolognese Sauce**  
 ▲ 7

*Vegetable of the day*  
**Carrots**  
 N/A

*Desserts*  
**Apple Pudding with Custard**  
 ▲ 2,4,7,12



## Wednesday

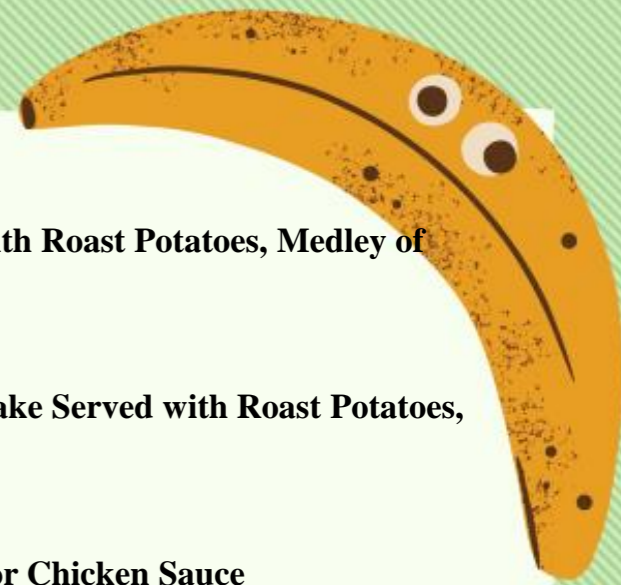
*Main meal 1*  
**Roast Pork Steak Served with Roast Potatoes, Medley of Vegetables**  
 ▲ 2

*Main meal 2*  
**Cauliflower and Broccoli Bake Served with Roast Potatoes, Medley of Vegetables**  
 ▲ 1,2,4

*Main meal 3*  
**Jacket Potato with Cheese or Chicken Sauce**  
 ▲ 7

*Vegetable of the day*  
**Mix Vegetables**  
 N/A

*Desserts*  
**Fruit Jelly Or Fruit Yoghurt**  
 ▲ N/A Or 7



## Thursday

*Main meal 1*  
**Italian Chicken in a Rich Tomato Sauce Served with Penne Pasta**  
 ▲ 2

*Main meal 2*  
**Pasta Marinara (Tomato and Herb sauce) Served with Penne Pasta**  
 ▲ 2

*Main meal 3*  
**Jacket Potato with Cheese or Pork Sauce**  
 ▲ 7

*Vegetable of the day*  
**Salad**  
 N/A

*Desserts*  
**Lemon Drizzle Cake with Custard**  
 ▲ 2,4,7,12



## Friday

*Main meal 1*  
**Salmon Fish Cake served with baked chips**  
 ▲ 2,5

*Main meal 2*  
**Vegetarian Nuggets Served with baked chips**  
 ▲ 2

*Main meal 3*  
**Jacket Potato with Cheese or Baked Beans**  
 ▲ 7

*Vegetable of the day*  
**Baked Beans**  
 N/A

*Desserts*  
**Jam Doughnuts**  
 ▲ 2,4,7,12



## ▲ Allergen Key

- |                |               |
|----------------|---------------|
| 1. Celery      | 8. Molluscs   |
| 2. Gluten      | 9. Mustard    |
| 3. Crustaceans | 10. Peanuts   |
| 4. Eggs        | 11. Sesame    |
| 5. Fish        | 12. Soybeans  |
| 6. Lupin       | 13. Sulphites |
| 7. Milk        | 14. Tree nuts |



## Available Daily

Wholemeal bread, fresh salads, variety of seasonal fresh fruit.



Catering provided by Greenshaw Learning Trust. All products are locally sourced wherever possible. All food is cooked fresh on the school site each day.